

Step 9: Eyebrows

Eyebrows frame the face and help other features to come to life. To enhance brows that have thinned during treatment, add very fine hair-like strokes of brow powder or pencil just above the top of the remaining brows; this automatically gives your face a lift. Before you start, remove any excess oil from the eyebrows with a cotton wool pad, and matt your brows with a little face powder. If you



use a pencil, make sure it is sharp so that you can create fine strokes. Warm the pencil tip by rolling it on the back of your hand so it's nice and soft to apply and won't drag your skin.



To create a completely new brow, follow these simple steps:

Hold a pencil vertically along the outside of your nostril. Make a dot above your eye at this line, right on the brow bone. This is the inner edge of your brow.



Hold the pencil vertically at the outer edge of your iris (the coloured part of your eye) and again make a dot about the eye, just above the brow bone. This is where your natural arch occurs.

Hold your pencil at an angle beginning at the outside edge of your nostril. Line the pencil with the outer edge of your eye and extend it. This is where your brow should end.



Connect these dots with a series of gently arcing feathery strokes to mimic the look of hair. Concentrate on fullness closer to the inner edge, thinning as you go out, but don't make them look too tadpole-shaped. For a really natural look, use two colours of eyebrow pencil, one light and one darker, alternating the light and dark shades.

If this sounds a bit daunting, try drawing the shape with a light brown eyeshadow first: apply with a small fine brush and paint little hair like strokes until a shape starts to emerge. Then you can add your pencil for extra depth. Keep it light; don't go too heavy or too hard.



Most faces are not exactly symmetrical, so don't be too concerned about making your eyebrows match each other exactly. If new brow hairs grow back at odd angles, a little hairspray or Vaseline on a brow brush can help. Applying Vaseline at night will help to keep them smooth and counteract brittleness.