



With 1 in 2 people facing a Cancer diagnosis in their lifetime, Let's face cancer together.

Every workshop offers an invaluable opportunity for you to talk to people in a similar situation, whilst helping support you with any changes in your appearance.

People leave our workshops feeling empowered, motivated and often less isolated - allowing you to look good, **but feel even better.**

Scan to book your workshop or visit www.lgfb.co.uk



info@lgfb.co.uk | 01372 747 500

Registered Charity No: 1031728



Donate

Every penny raised will go towards supporting our services across the UK helping people living with cancer.



Raising funds

There are lots of fun ways you can raise money for LGFB - at work, at home and in your local community.



Volunteering

By offering your time to volunteer at our workshops, you will be helping put a smile on the faces of people living with cancer,



Helping you navigate the physical & emotional effects of your cancer journey

Look Good Feel Better is a cancer charity here to support you with a wide range of workshops, offering practical advice from trained volunteers, as well as peer-to-peer support to help combat the feelings of isolation during your journey.

Find out more & show your support www.lgfb.co.uk



Find out more lgfb.co.uk

Skincare & Make up Workshops



Worried about the impact of cancer treatment on your skin?

Our Skincare & Makeup Workshops are great for getting step-by-step advice on **skincare** and **makeup** for a natural, radiant look. Discover practical tips for enhancing sparse eyebrows and eyelashes to help you **feel like yourself again**.



Headwrappers Workshops



Feeling anxious about hair loss during in cancer treatment?

After merging with **HeadWrappers** in 2025, we now deliver Face-to-face workshops aimed at anyone who has lost or is likely to lose their hair due to

cancer treatment.

You'll learn useful **scarf-tying techniques** and discover creative ways to use **scarves, hats, and hairpieces** as an alternative to wigs

Includes your own **headscarf**

Receive a **complimentary gift bag** including headwear

Let's get booking

Scan me



You can scan our QR code or reach out below to continue your journey with LGFB & confirm your place at our next workshop



www

lookgoodfeelbetter.co.uk



Info@lgfb.co.uk



01372 747 500

Menu option 2

"I came out feeling like me again and not just a cancer patient. It's more than just make up, I definitely recommend these workshops"

Suzanne, Lincoln



look good feel better
CANCER SUPPORT CHARITY

Registered Charity No: 1031728



A range of Virtual Workshops

Want to access more of our services virtually from your own home?

Our virtual workshops cover a wide range of insightful topics, from our **Skincare & makeup** workshops, Looking after your **hands & nails** to chatting about hair loss. We also have a range of virtual workshops presented by partner charity, **Cancer Hair Care**, with expert advice and support on all things **hair loss** and what to expect with new hair growth.



Worth up to £200

Free gift bag

On selected workshops



Men's Wellbeing Workshops

Looking for support for Men going through cancer?

We are proud to launch our recently developed LGFB Men's Workshops to bring a broader approach to overall **well-being**, supporting Men going through the **physical, mental** and **emotional** challenges of Cancer.

