

Look Good Feel Better Workshop Volunteer Role Description

The role:

Workshop Volunteers participate in delivering Look Good Feel Better well-being workshops and classes and are a part of LGFB's national team. The role includes sharing your skills and expertise with groups of people living with cancer.

The aim is to make the time interesting, relaxing, informative and enjoyable. It's important to pay as much individual attention as needed, to make sure each person in the group follows the programme correctly and can duplicate the technique being taught, on their own.

Look Good Feel Better run workshops & classes covering:

- Skincare & Makeup (face to face and virtually)
- Skincare & Grooming (face to face and virtually)
- Hand & Nail Care (virtually)
- Headwear, Wigs, Brows & Lashes (virtually, in collaboration with Charity partner Cancer Hair Care)
- Hair Loss, Scalp Care & New Growth (virtually, in collaboration with Charity partner Cancer Hair Care)
- Styling for Confidence (virtually)
- Gentle Exercise (virtually)
- Meditation & Breathwork (virtually)

Key skills required for all roles:

- Professional, approachable, and passionate
- Able to lead by example, inspire and empower others
- Friendly, kind, and courteous
- Extremely reliable

Note: You must be over 18 years of age and retired workers are more than welcome.

Qualifications and skills required for Skincare and Makeup workshops:

- Skin care, beauty and/or makeup qualification (NVQ level 2+ or equivalent) or trained by the cosmetic brand which you currently work for
- One year's hands on experience in the relevant industry

Commitment required:

• Committed to volunteer three times a year (9 hours total)

Cosmetic, Toiletry & Perfumery Foundation

All correspondence to: West Hill House, 32 West Hill, Epsom, Surrey KT19 8JD. Telephone: 01372 747500 Fax: 01372 747502, <u>www.lgfb.co.uk</u>, e-mail: <u>info@lgfb.co.uk</u> Registered Office: As Above Company Registration No: 2850925. Charity Registration No: 1031728



Key responsibilities:

- Sign up for and attend pre-arranged workshop dates (at least 3 per year) using the volunteer portal where possible
- Represent Look Good Feel Better in a caring and professional way
- Ensure timely arrival to help set a up session
- Greet the beneficiaries in a welcoming manner
- Ensure an introduction is done before each session commences
- Conduct the workshop in accordance with the format shown in the Look Good Feel Better Volunteer training material which can be found on the <u>Volunteer Portal</u>
- Work as a team with other volunteers in attendance
- Always remain brand and service neutral
- Phone Look Good Feel Better immediately if there were any problems or areas of concern during a workshop
- Tidy the room and return supplies to storage (face to face only)
- Update Look Good Feel Better with attendee names within 24hrs following a Workshop (virtual and face to face workshops where relevant)
- Update LGFB with stock used / needed (when requested by LGFB)

Look Good Feel Better is a leading cancer support charity aimed at boosting the physical and emotional wellbeing of people living with cancer.