

Skincare & Makeup Workshop Opening – Script

Hello everyone, and welcome to today's Look Good Feel Better workshop! It's so lovely to see you all here.

My name is [*name*], and I'll be helping you through today's session along with my fellow volunteers [*insert names*].

Also in the room we have [*insert any observer names*] who are just watching the workshop today: [*brief explanation of why - e.g. *name* is hoping to become a volunteer, and *name* is from the hospital so they can ensure to signpost people to our services in the best way*].

So, who is Look Good Feel Better?

- Look Good Feel Better was founded in 1994 in the UK, and we are a national charity supporting people with cancer dedicated to supporting people with the visible side effects of cancer treatment
- We do not receive government funding - we are completely reliant on donations
- We are all volunteers, and all products are donated to us by our brand partners

- We do not know what is in each gift bag and cannot guarantee exact preferences or shades – please enjoy what you receive and we hope that you will learn some good tips and tricks throughout the workshop
- We offer other workshops covering Hair Loss, Hair Care, Head Coverings, Hand & Nail Care, Personal Styling, as well as services for Young Adults, and men

Today, we're going to start with a simple yet effective skincare routine, and then move through all the steps to create a complete makeup look.

We really encourage everyone to join in and try out each tip and technique, but please feel free to omit anything you don't want to do – this workshop is for and about you!

You might discover a new way to enhance your routine or see yourself in a fresh way.

Our goal is for you to leave feeling confident and empowered, knowing exactly how to apply these products whenever you want.

To make things fun and interactive, we'd like to ask you to be our models as we demonstrate each step.

We'll show you how to apply the products, and then you can follow along on yourself.

Please feel comfortable asking questions at any point - we all have different skill levels with skincare and makeup - there's no such thing as a silly question.

Before we open your gift bags, let's take a moment to introduce ourselves around the table. Once everyone has had a chance to say hello, we'll ask you to open your gift bags and take everything out.

[Go round the room and ask everyone to introduce themselves]

Now, let's take the products out of their packaging, as we'll be using almost everything today; but please leave any fragrance or body products in the bag as we won't be using them today.

When you're ready, please place your skincare products on one side of your placemat and makeup on the other.

This helps us see what products everyone has so we can give you the best guidance for each step.

Let's have a fun session together and enjoy experimenting with your products!

Begin workshop