

BOLD IS beautiful

LOOK GOOD FEEL BETTER & BENEFIT

FACING CANCER TOGETHER



Look Good Feel Better is a cancer support charity aimed at boosting the physical and emotional wellbeing of people living with cancer. They understand how emotionally challenging living with cancer can be and that is why the charity runs wellbeing workshops in local communities across the UK as well as online. The workshops are led by beauty and health expert volunteers and are designed to help people look good, feel better and provide the opportunity to connect with others.

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“Sharing a few hours with all the ladies, sharing our stories and tips was such a lovely feeling. It wasn't just about the make-up it, was about feeling better and supporting each other giving encouragement. For those few hours for the first time since treatment started I didn't feel the odd one out in a group... Words can't even say how good I feel after this course”.

To book a workshop in your local area or to find out more about Look Good Feel Better services please visit www.lookgoodfeelbetter.co.uk

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